Curriculum Overview

Subject \_\_Food Tech\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Class \_10EG\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)

Term 1

In term 1, year 10 students will be learning how to make a variety of healthy snacks with decreasing support.

Term 2

In term 2 year 10 students will be learning how to make a variety of pizzas. They will learn how to make their pizzas healthier.

Term 3

In term 3 year 10 will learn how to prepare healthy snacks with decreasing support. They will distinguish between healthy and unhealthy food. They will be able to prepare a dish that will give them energy and health.

Term 4

In term 4 year 10 will learn how to grow vegetables and fruit that they can cook and eat.

Term 5

In term 5 year 10 students will learn how to occupy themselves by participating in activities that will increase their health and wellbeing.

Term 6

In term 6 year 10 students will learn how to grow flowers and plants. They will learn how to plant them and care for them.