Curriculum Overview

Subject \_\_\_\_PSHCE \_\_\_\_\_\_\_\_\_\_ (Secondary Class 7CM\_)

**Term 1**

**My local community : allotment**

* Learning to use various gardening tools
* Preparing a plot of land for growing plants : watering , removing weeds

**Me and other people :**

* All about me – information about each student
* Developing awareness of others

Identifying the similarities and differences between people

* Judging by appearances
* What am I good at ?
* Who do we admire and why ?

**Term 2**

**People who help us :**

* People in my local community and
* Different jobs which people in our community do
* Visiting local work places e.g. surgery or train station
* What kind of job do I want to do in the future ?

**Term 3**

**Self-care**

* My appearance – showing preferences and enjoyment of different accessories
* Looking after yourself : using deodorants , brushing and styling hair
* Knowing how to brush teeth , wash hands , do buttons or shoe laces

**Term 4**

**Growing and changing**

* Body awareness
* How is my body changing ?
* Recognising feelings
* Different types of relationship e.g. with family or friends

**Term 5**

**Using leisure time**

* Developing ability to express preferences
* Introduction to new activities
* Exploring local leisure facilities e.g. park , library, outdoor gym , cinema
* Learning how to appropriately engage with others

**My local community : allotment**

* Learning to use various gardening tools
* Preparing a plot of land for growing plants : watering , removing weeds

**Term 6**

Allotment :

* Learning how to be safe in the garden
* Buying plants and seeds in our local garden centre
* Learning how to grow various plants
* Learning how to care for plants