

Special Educational Needs Resources Blog

December 14, 2017October 13, 2019

Imaginative Play Idea: Porridge Construction Site

I love sand play, but hate that it ends up everywhere! I also hate that it can irritate little one's eczema and sensitive skin.

That's why we decided to try **Porridge Oats**. Not only are Oats nice on skin, if you do it outside the mess becomes a lovely treat for **garden birds**! (No food wasted here 😊)



(https://senresourcesblog.files.wordpress.com/2017/09/img_6759.jpg)

It also means if you have a **baby** or child who likes to put things in their mouths...it doesn't really matter!

Playing with Porridge oats is a lovely **sensory and therapeutic activity**. Great for introducing calm to energetic kids.

What do you need?

- **Container/tuff tray**- we used a large, plastic container with a lid- so we could close the lid and use later in the day.





(https://senresourcesblog.files.wordpress.com/2017/09/img_6742.jpg)

We also used our tuff tray as well to do it on a larger scale and mix a few different things together!



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- **Porridge Oats/ cornflakes/rice**
- **Toy vehicles-** any model/shape/size! For driving, scooping, building, digging, burying!

Then pour the oats into the container, give your child some vehicles and watch their imagination take over!



(https://senresourcesblog.files.wordpress.com/2017/09/img_6758.jpg)





(https://senresourcesblog.files.wordpress.com/2017/09/img_6757.jpg)

We've been building walls, digging tractors out of holes, burying treasure and lots and lots of digging!!



(https://senresourcesblog.files.wordpress.com/2017/12/img_2026.jpg)



(https://senresourcesblog.files.wordpress.com/2017/12/img_2022.jpg)



(https://senresourcesblog.files.wordpress.com/2017/12/img_2024.jpg)



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What skills do they learn?

As well as it being a lovely calming, sensory activity. Children develop their

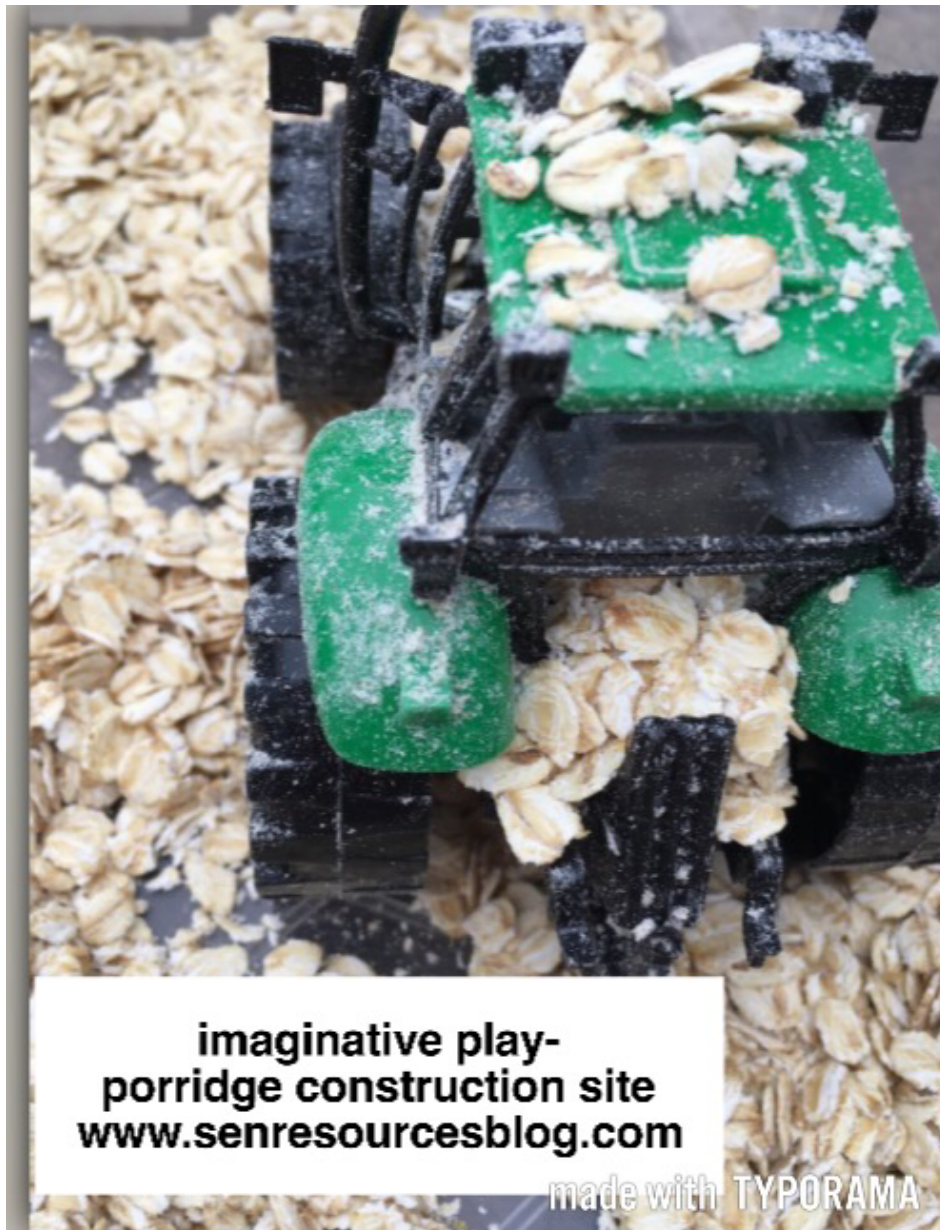
-Creative skills

– Gross Motor, fine motor skills and hand eye coordination playing this.

By playing with another child they also develop communication skills and social skills (including turn taking)



(https://senresourcesblog.files.wordpress.com/2017/09/img_6749.jpg)



(https://senresourcesblog.files.wordpress.com/2017/09/img_8962.png)



(<http://www.runjumpscrap.com>)

(<http://www.spectrummum.com>)

Posted in **Construction Week**, **Imaginative Play Activity**, **sensory**, **Uncategorized** Tagged **alternative to sand play**, **digger**, **fun activity for kids**, **home learning activity**, **Imaginative play**, **play**, **play digger**, **Preschool activity**, **Sensory play**, **special educational needs** 14 Comments

14 thoughts on “Imaginative Play Idea: Porridge Construction Site ”

MY MONEY COTTAGE (@MYMONEYCOTTAGE) SAYS:

September 22, 2017 at 3:02 pm

1. Love this, yet another fab idea, I’ve got a list to try with my little one 😊

Reply

BETH @ BETHINABOX.COM SAYS:

September 22, 2017 at 9:42 pm

2. This sounds amazing! I really should try this with my brood. #BlogLove

Reply

PINKIEBAG SAYS:

January 17, 2018 at 7:11 am

3. Hi, what a great idea to stimulate learning, have fun and be friendly on the skin as well #BloggersBest

Reply

CHESHIRESENTUTOR SAYS:

January 17, 2018 at 7:16 am

1. Thank you, pleased you like it. Thanks for the comment

Reply

SARAH HOWE SAYS:

January 17, 2018 at 7:02 pm

4. This is a lovely idea. I bet the oats feel nice to the touch and it will be very calming, Thanks for sharing with #bloggerbests xx

Reply

CHESHIRESENTUTOR SAYS:

January 17, 2018 at 9:16 pm

1. Thank you Sarah, very kind

Reply

SENSATIONALLEARNING SAYS:

January 18, 2018 at 2:07 pm

5. I like this! So nice that it uses a natural, cheap ingredient which isn’t harmful if swallowed 😊👍x #ablogginggoodtime

Reply

CHESHIRESENTUTOR SAYS:

January 18, 2018 at 2:11 pm

1. Thank you, really happy you liked it. Thanks for the comment

Reply

HELEN SAYS:

January 18, 2018 at 2:27 pm

6. This is such a fun idea – so affordable too! My daughter is tractor obsessed, so I’ll have to set this up for her 😊 #ablogginggoodtime

Reply**CATIE SAYS:****January 18, 2018 at 9:55 pm**

7. I can image that children will get a lot of sensory pleasure from this activity. This is a great idea and like that the birds get a feed too. Thank you for linking up to #ablogginggoodtime 🎉

Reply**CHESHIRESENTUTOR SAYS:****January 19, 2018 at 8:29 am**

1. Thanks so much for the comment, glad you liked the activity.

Reply

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