

Special Educational Needs Resources Blog

October 31, 2017April 5, 2018

Sensory Paint Bags

We loved our wonderful guest post from **Undercover Mum** (<https://www.undercovermumsy.co.uk>) a couple of weeks ago so much (read it **here** (<https://senresourcesblog.com/2017/10/16/mess-free-paint-play-guest-post-by-undercover-mumsy/>)) that we've got another 'painting in a zip lock bag' activity to show you:



(<https://senresourcesblog.com>)

What do you need?

- Paints (we used ArtWorks Poster Paints from **The Works** (<https://www.theworks.co.uk>))
- Zip lock bags
- Sellotape



(<http://www.senresourcesblog.com>)

What do you do?

1. Put two large blobs of different coloured paints inside the bag (ideally at far ends from one another)



(<http://www.senresourcesblog.com>)



(<http://www.senresourcesblog.com>)

1. Zip lock the bag
2. Secure with sellotape.
3. Play!



(https://senresourcesblog.files.wordpress.com/2017/10/img_9439.jpg)



(<http://www.senresourcesblog.com>)

I love this activity for many reasons:

- It's a wonderful **sensory experience** for children. Pressing, squishing and mixing the paints with their fingers and hands.



(<http://www.senresourcesblog.com>)

- It's different! In my experience, children enjoy it because it's **unlike other activities** they've done with paints.



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- In my opinion, it's great for children who **don't like paint touching their skin**, children with **eczema** on their hands or children who you're concerned may put **paint in their mouth**.
- It's **mess free**!
- Visually, it looks really **interesting** watching the paints mix together.



(<http://www.senresourcesblog.com>)

- Children can **learn about colours** and how to mix new colours.



(<http://www.senresourcesblog.com>)



(<https://www.youbabymemummy.com>)

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3 thoughts on “Sensory Paint Bags”

1. Pingback: **Sensory Art & Craft Activities – Special Educational Needs Resources Blog**
KATE HOLMES SAYS:
November 3, 2017 at 8:01 pm
2. Would have never thought of this way of playing with paint.

Reply

CHESHIRESENTUTOR SAYS:

November 3, 2017 at 8:13 pm

1. Have a go Kate, it's great fun! And useful, If like me, you hate mess!!

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